

Single-Serve Meals Program

Our single-serve meals program is a great solution for busy people, seniors, on site construction workers, weekday lunches and so much more. Just thaw completely and pop in the microwave for a few minutes and you have a healthy meal. Single serve meals are sold in groups of two (must be the same kind). They are **\$14 for 2**.

We require 48-72 hours notice for all orders.

PLEASE NOTE: We require a 48-72-hour cancellation notice, otherwise you will have to pay for your next order in advance.

Single-Serve Options

Bacon Wrapped Meatloaf and Mashed Potatoes with Veggies

Greek Chicken and Mashed Potatoes with Veggies

Hot Hamburger and Mashed Potatoes with Veggies

BBQ Chicken on Rice

Roast Chicken and Mashed Potatoes with Veggies and Gravy

Butter Chicken and Rice

Beef or Chicken Stew

Ham & Mashed Potatoes with Veggies

Sweet and Sour Meatballs and Rice

Three-Cheese Lasagna

Spaghetti and Meat Sauce

Texas Chicken and Mashed Potatoes

Souvlaki and Rice

Spaghetti and Meatballs



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Single-Serve & Family Meals MENU



Prices do not include tax and are subject to change.

Family Meals

Our family meals serve 4+ and are great for suppers with the family; just pop in the oven for 15-30 minutes and serve. Family size meals are **\$27 each + tax** or **5 meals for \$130 + tax**. They are great for busy families, and people who just don't have time to make healthy homemade food after a long day at work.

We require 24 hours notice for all orders.



Our Delicious Fried Rice – topped with your choice of sweet & sour, honey garlic or teriyaki pork.

Local Farmers Sausage – served with mashed potatoes and veggies.

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Pesto Penne Pasta – penne noodles smothered in a rich, creamy pesto sauce.

BBQ Pulled Pork – with oven-roasted potatoes and veggies.

Herbed Pork Loin – with oven-roasted potatoes and veggies.

Mushroom Meatloaf – four tender loafs topped with homemade mushroom gravy, mashed potatoes and veggies.

Souvlaki – tender, marinated pork on a bed of feta and lemon rice.

Lasagna – filled with ground beef, tomato sauce, veggies, and a blend of four cheeses.

Chicken Stir Fry – chicken and veggies laid on a bed of rice.

Beef Stirfry – tender sliced beef and seasonal veggies laid on a bed of rice.

Baked Spaghetti – filled with meat sauce and a blend of four cheeses.

Greek Chicken and Lemon Roast – five slow-roasted Greek chicken breasts with a hearty serving of lemon roast potatoes.

Perogie Lasagna – a deconstructed perogie. Loads of cheese, bacon, sour cream, onions, creamy potatoes and noodles.

Salisbury Steak – four 6-oz. beef patties topped with mushrooms, onions and gravy, served with mashed potatoes and veggies.

Spinach and Artichoke Lasagna – noodles, fresh spinach, tangy artichoke, a creamy sauce and four cheeses.

Chicken Bacon Ranch Pasta – penne noodles smothered in a creamy ranch sauce with bacon bits and tender bite sized chicken.

Bacon Wrapped Meatloaf – slow cooked ground beef with a special blend of spices, topped with our tangy BBQ glaze, all wrapped up in a strip of bacon. Served with mashed potatoes and veggies.

Butter Chicken – diced chicken breast covered in a tangy butter sauce on a bed of rice.

Shepherd's Pie – ground beef and veggies topped with creamy mashed potatoes and cheddar cheese.

Rotini chicken Rosé with three cheeses.

Beef Chow Mein – udon noodles, seasonal veggies and beef.

Chicken Chow Mein – udon noodles, seasonal veggies and chicken.

Texas Chicken – Chicken breast grilled with BBQ peppers, onions, tomato and cheddar, served with mashed potatoes and veggies.

Spring Chicken – chicken, peppers, onions, mushrooms, bacon and cheese in our house-made spring sauce. Comes with double stuffed potatoes.

Meatballs – sauce options are sweet and sour, BBQ, mushroom Gravy, or marinara. Served on a bed of rice or spaghetti.

Chicken Enchiladas – shredded chicken mixed with veggies and cheese, wrapped in a tortilla.

Chicken Cordon Bleu – Chicken stuffed with ham and cheese, breaded and baked with a dijon cream sauce. Comes with double stuffed potatoes.

Chicken Parmesan – breaded chicken smothered in marinara and mozzarella. Served with fresh pasta tossed in marinara.

Ukrainian Feast – four thick slices of ham, 24 perogies, 10 cabbage rolls.

Chicken Pot Pie – diced chicken, mixed veggies, creamy gravy and a biscuit topping.

Beef Pot Pie – tender beef, veggies, thick gravy and a biscuit topping.

Hot Roast Beef – served with fluffy mashed potatoes, veggies and gravy.

Ham Dinner – served with fluffy mashed potatoes and veggies.

Roast Chicken Dinner – served with fluffy mashed potatoes, veggies and gravy.